

# Updated COVID-19 Guidelines from All Saints Catholic School

The following guidelines have been updated and approved by the All Saints Catholic School Board of Education for students and staff exposed to or contracting COVID-19. These updated guidelines will now be implemented at All Saints Catholic School beginning the 2022-2023 school year.

## ***COVID-19 Positive Case (Vaccinated/Unvaccinated)***

### **A. Asymptomatic**

- Isolate/quarantine 5 days followed by 5 days of wearing a well-fitting mask around others. Test date is Day 0.
- The Lantlode County Health Department will be in contact with you for further instruction(s).

### **B. Symptomatic**

- Isolate/quarantine 5 days followed by 5 days of wearing a well-fitting mask around others. If you have a fever and/or continue to display symptoms, continue to stay home until both have been resolved. Your first day sick is Day 0.
- The Lantlode County Health Department will be in contact with you for further instruction(s).

***If the student/staff member is a close contact to a COVID positive person at home or at school, the following guidelines will be followed:***

- All parents in child's classroom will be notified of the COVID positive case (if in the school setting).
- No quarantine is required.
- PCR test is recommended on Day 5 following exposure.
- Monitor for symptoms.
- It will be recommended, not required, that students and/or staff members of close contacts wear a well-fitting mask for 10 days.

It is critical that parents/caretakers continue to be vigilant in monitoring symptoms in their child(ren) throughout the school year. Much like previous years, we need your assistance in helping to keep all ASCS students and staff members healthy. We feel that

**this can be done, but only through open and honest communication as well as careful attention to the following symptoms:**

- **Fever At or Above 100.4 or Chills**
- **Runny Nose or Nasal Congestion**
- **Sore Throat**
- **Unusual Fatigue**
- **Nausea or Vomiting**
- **Headache**
- **Muscle Aches**
- **Diarrhea**