

## APPENDIX C

# ATHLETIC CODE - STUDENTS

Grades 4-8

It is a privilege to participate in athletics; it is a privilege to represent a school. At all times, whether in school, around town or on an athletic event trip, the athlete should conduct himself or herself in a manner which will bring credit to themselves, the team and the school.

All athletes shall have a signed physical card as well as signed code of conduct on File **PRIOR TO THE FIRST PRACTICE**. Physicals are required for all sports that are Sponsored by All Saints Catholic School and the Antigo Middle School.

Eligibility to compete on a school team will be determined by the Athletic Director. Eligibility will depend on academic effort, attitude and code of conduct (behavior) both in school and at school functions. Continued eligibility will be reviewed on a weekly basis. A 75% in any one class is the lowest grade allowed. The athletic director will investigate and notify the parents via email. If email is not available, parents will be contacted through telephone call. This will result in the student-athlete being placed on a five calendar day probationary period. The student-athlete may practice and play during this five calendar day probationary period.

They will have five calendar days to bring their grade above a 75%. If they do not, they will be ineligible for a one week minimum.. This ineligibility continues until all grades are above a 75%. When all grades are above a 75% simultaneously, they may resume practice/play. Parents will be contacted by the Athletic Director via email when suspension occur or is extended.

Eligibility to compete on a school team is also determined by the ATHLETIC CODE OF CONDUCT (behavior) in school and at school functions. Student-athletes are expected to follow the Athletic Code of Conduct (located at the end of this document). If this were to become an issue, a student could become ineligible due to their poor behavior. **If a student were to earn a detention he/she would be automatically suspended.** The length of the suspension will be determined by the athletic director and administration based on the severity of the offense. The suspension will start immediately on that day, will include practices, and will be inclusive of at least one game. Examples include but are not limited to fighting, bullying, inappropriate language, defiant or disrespectful behavior, harassment or anything else deemed a behavioral issue by the AD or Administrator. *There is no probationary period for behavior issues.*

To achieve the results desired in our athletic program, the following training and conduct regulations will be in effect for all athletes at All Saints Catholic School:

1. No smoking or possession of tobacco products (chewing tobacco, cigarettes) or tobacco related products in or out of season.
2. No drinking or possession of alcoholic beverages in or out of season.
3. No use or possession of drugs.
4. The following penalties will be put into effect when training and conduct regulations are violated:

\*First Violation - Minimum penalty will be suspension from the next game; any addition to this minimum penalty will be at the discretion of the AD or Administrator.

\*Second Violation- Minimum penalty will be suspension from the current sport for the balance of the season.

**IN ORDER TO PARTICIPATE IN A GAME OR PRACTICE, AN ATHLETE MUST BE IN SCHOOL THE ENTIRE DAY OF SAID GAME OR PRACTICE WITH THE EXCEPTION OF MEDICAL APPOINTMENTS OR FUNERALS. THE AD/OFFICE SHOULD BE NOTIFIED OF SUCH EVENT PRIOR TO THE DAY OF OCCURANCE.**

Volunteer coaches are responsible for team members. Students are responsible for their conduct as outlined in the student handbook when with volunteer coaches. Volunteer coaches are also expected/required to complete any necessary paperwork prior to the commencement of practice, including parent driver forms and Virtus training.

## **CONCUSSION MANAGEMENT**

Beginning with the 2013-2014 and continuing into the 2014-2015 school year, all students in 7<sup>th</sup> grade who will participate in an athletic activity as well as any 8<sup>th</sup> grade student athlete who hasn't yet completed the screening will be required to take the ImPACT test (Immediate Post Concussion Assessment & cognitive Testing).

**Concussion forms must also be on file prior to the first practice.**

ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sports practice or competition. This non-invasive test is set up in "video-game" type format and takes about 30-40 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to retake the test. Both the preseason and post-injury test data is used to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, the child will fall under the WIAA "Return to Play" policy, which can be found on the ASCS Crusaders website ([www.ascscrusaders.org](http://www.ascscrusaders.org)).

## **UNIFORMS**

Each athlete will be informed of the time and place that team uniforms will be distributed. We ask that parents/guardian pay special attention to all laundering and drying instructions distributed with the uniforms. Uniform tops should never be dried in a dryer.

At the close of the sport season, the athlete will be given a final date and place for returning his/her uniform. Should the uniform be damaged or lost, the athlete will be responsible for paying current replacement cost. If an athlete has not turned in his/her uniform by the final date, the parent/guardian will be contacted and a replacement cost will be levied.

### **SPORTS “USERS FEE”**

A sport fee of \$25.00 per student/per sport and a family maximum of \$50.00 per sport (including football) must be paid **before** the student can participate in the first practice. All fees and permission slips will be sent to the school office and accounted for by the Athletic Director. It is the responsibility of the coach to obtain the completed list of eligible students. The sports fee will help defray the cost of hiring officials, uniforms, equipment, the sports banquet, etc.

### **ANTIGO MIDDLE SCHOOL SPORTS**

Any ASCS student athlete participating in a sport at the Antigo Middle School will be subject to the ASCS athletic code and athletic code of conduct.

### **END OF QUARTER PROTOCOL**

Any student who is below a 75% in any class at the end of any quarter will automatically be ineligible for two weeks. If a student finishes the 4<sup>th</sup> quarter below a 75% in any class, he/she will be automatically ineligible for a fall sport the first two weeks of that season.

# ATHLETIC CODE AGREEMENT GRADES 4 - 8

**Please sign and return this page to the school office.**

As a participant of an All Saints Catholic School Athletic team, I hereby agree to abide by the rules and regulations stated in the Athletic Code and the Athletic Code of Conduct located in the Parent/Student Handbook (Appendix C).

I agree to assume full responsibility for all equipment issued to me, and to pay for any and all equipment that I may lose, misplace, or damage through carelessness or intent.

A signed, **completed**, and current physical card will be on file **PRIOR TO THE START OF PRACTICE** for all sports. In addition, if I am in the seventh or eighth grade, an ImPact concussion test form must be on file prior to the first practice.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I, as parent, have read the policies and rules set forth for athletic participation at All Saints Catholic School, and give my son/daughter permission to participate under those conditions. I understand that if my student/athlete receives a detention during his/her sport, he/she will be suspended for a set amount of games/practices. The length of the suspension will depend on the severity of the offense and will be determined by the AD and/or Administrator. I also understand medical insurance is not provided by the school for students participating in athletics or being transported to and from a sports event. It is recommended that students secure some type of all-inclusive insurance coverage (Medical and personal property, stolen or damaged)

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Each student will need to return this signed form **before** he/she will be allowed to participate in any athletic events.

Please list below any special needs, physical challenges, or medical conditions your child has. These should also be listed on the child's physical card.

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